Heave Away

Compte: 32 **Mur:** 4 **Niveau:** Absolute Beginner
Chorégraphe: Rob Fowler (ES) - September 2022
Musique: Heave Away - The Fables

Intro: 8 counts from first guitar chord (approx. 8 secs)

S1: WALK FORWARD R,L,R, KICK L, WALK BACK L,R,L, TOUCH R

1,2	Walk forward R, walk forward L
3,4	Walk forward R, kick L forward
5,6	Step back L, step back R
7,8	Step back L, touch R next to L

RESTART: During WALL 3 restart here facing 6 o'clock

S2: DIAGONALLY FWD R, TOGETHER L, DIAGONALLY FWD R, BRUSH L, DIAGONALLY FWD L, TOGETHER R, DIAGONALLY FWD L, TOUCH R

1,2	Step R forward to R diagonal, step L next to R
3,4	Step R forward to R diagonal, brush L forward
5,6	Step L forward to L diagonal, step R next to L
7,8	Step L forward to L diagonal, touch R next to L

S3: DIAGONALLY BACK R, TOUCH L, DIAGONALLY BACK L, TOUCH R, HEEL TWISTS R,L,R, CENTRE

1,2	Step R back to R diagonal, touch L next to R (and clap)
3,4	Step L back to L diagonal, touch R next to L (and clap)
5,6,7,8	Twist both heels R, L, R, centre (weight on L)

S4: SIDE R, TOUCH L, SIDE L, TOUCH R, ¾ TURN R WALKING R,L,R,L

1,2	Step R to R side, touch L next to R
3,4	Step L to L side, touch R next to L
5,6,7,8	Make ¾ turn R walking R, L, R, L (9 o'clock)

Start Over

Last Update - 23 Sept. 2022